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And Find Your Creative  
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Music Habits The Mental Game

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Music making is a very  
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game, and more often than  
not, all the technical stuff  
can hold you back from  
achieving your goals if you  
don't have the right  
creative habits in place  
first.

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by Jason Timothy English |  
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10 Things they Don't tell  
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Music making is a very  
mental and psychological  
game, and more often than  
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can hold you back from  
achieving your goals if you

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Jason is a professional music producer, DJ & Ableton trainer, coach & author. His



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teachings have helped millions through his Youtube channel & other social media platforms. He has also written a #1 bestselling book: Music Habits: The Mental Game of Electronic Music Production .

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and Find Your Creative Flow

Music Production can be an  
elusive art form for many,

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and the challenges that face someone who is new to this can easily create overwhelm and lead to complete paralysis. The goal of this book, is to cover music production from many different angles in a way that will change your thinking on the subject and build your confidence. Music making is a very mental and psychological game, and more often than not, all the technical stuff can hold you back from achieving your goals if you don't have the right creative habits in place first. With all the information available with a simple Google search, I wanted to really get to the

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heart of things that aren't being discussed nearly enough. I want to clear out all the garbage you may have been told and replace it with the essentials you can put to immediate use. Many people new to music may dive into forums and mindlessly watch video tutorials attempting to gather more and more information until they think they have enough to get going (hint: you never feel like you know enough). That would be like reading a whole encyclopedia and then being asked to recall only the important things that will get you from point A to point B. Even worse, much of the

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information you get will contradict the last thing you read. It's like finding a needle in a haystack only to be told it's the wrong needle. There is a much better approach. It's an approach that doesn't require you to know a lot to get started. You only need to know enough to get to the next step in your process. There is truly nothing stopping you from becoming a music producer. The ones who are successful now are the ones who started from nothing and chipped away at it until they found a way to express their unique voice. There are no gatekeepers making decisions

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on who is worthy and who isn't. The determining factor is you, your habits and your confidence in yourself. This book can be read from start to finish, or as a "choose your own adventure", going directly to what you think can help you most right now. Don't get caught up thinking you have to devour everything before getting started. That isn't necessary, and isn't the point of the book. The core concepts in the book will come up time & time again which should help you retain them & be able to recall them when the need arrives. By exploring these concepts from several angles

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you should gain a broad view of their many uses. My hope is that this book is used as a toolbox. You simply find the right tool that moves you forward and get back to work. So few people, who have more than enough information in their heads, ever start. Of those who do start, even fewer finish what they started and are satisfied with the results. I want you to be in that small group of finishers. Let's get started.

The producer's guide to harmony, chord progressions, and song structure in the MIDI grid. As an online class, Dr. Allen has had

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over 50,000 students use this ground-breaking curriculum to learn music theory. Students and Producers who have wanted to learn music theory to improve their own music, but have been intimidated by traditional approaches, music notation, and abstract concepts will find this book to be the answer they have been looking for. From the Author: "How music theory is usually taught is unfair. It starts with the assumption that you can read music and understand the language of classical music. My book leaves all of that behind - focusing only on the MIDI grid that producers are

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already familiar with to learn all the key concepts of music theory, and ultimately, make better music." This book covers all the fundamentals of music theory, but is written using the language of the DJ and Producer - the MIDI Grid. It includes "analysis" projects that look at the harmonic and melodic ideas in songs by popular producers including Zedd, Boards of Canada, Daft Punk, Deadmau5, Bonobo, Richie Hawtin, Moby, Skrillex, and Aphex Twin. Praise for Music Theory for Electronic Music Producers: "Aspiring electronic musicians have choices to make when it concerns their



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own education and training.

This text makes one choice much easier: start here and get learning, quickly.

Grounded and easygoing, the book uses real-world

examples to help you make sense of music's inner

worksings while steering clear of dense theories." -

Michael J. Ethen, PhD

Musicologist "This book

knocks the oftentimes

alienating world of music

theory completely onto it's

side. Difficult to explain

concepts are perfectly

demonstrated for the

aspiring electronic music

producer who might have no

formal music training. A

must have for all aspiring

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producers." - James Patrick  
(DJ, Producer, Educator)  
Slam Academy, Dubspot, IPR,  
Ableton Certified Trainer

"With Music Theory for  
Electronic Music Producers,  
Dr. Allen has produced a  
remarkable resource: an  
extensive tour of musical  
theory that leverages some  
of our favorite modern tools  
- the virtual studio and  
it's piano roll note  
display. By introducing us  
to the "why" as well as the  
"what" of music theory, this  
book helps us to understand  
what makes music tick and  
how to improve our own work.  
In addition to offering a  
sound theoretical  
foundation, the deep dives

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into analyzing tracks by Skrillex, Aphex Twin, and Deadmau5 keeps our attention focused on real-world production. MTEMP will definitely go on the top of my recommendation list for anyone that needs a fresh view of musical concepts." - Darwin Grosse Director of Education, Cycling '74

Interactive Composition empowers readers with all of the practical skills and insights they need to compose and perform electronic popular music in a variety of popular styles. The book begins by introducing all of the tools involved in creating

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interactive compositions through the software Ableton Live and Max for Live. The following chapters then put the tools to use by both describing particular musical styles and also teaching readers how to compose and perform within these styles using the software. As readers progresses through the book, they will learn to use the software to facilitate their own unique compositional objectives. This book takes readers through all of the steps in designing interactive music compositions. It is geared toward both beginners as well as intermediate and

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advanced readers, and so readers with even little experience working with digital audio software will quickly learn how to design powerful systems that facilitate their unique compositional ideas. A particular feature of this book is that it discusses the historical context of several electronic music styles used by DJs, electronic musicians, and other artists, and then describes, using software, the technical process used in the composition and performance of these styles. Each chapter leads readers to create an original composition in a given style

# Online Library Music Habits The Mental Game Of Electronic Music Production Finish Songs Fast Beat Procrastination And Find Your Creative Flow

Based on ten years of research among hip-hop producers, *Making Beats* was the first work of scholarship to explore the goals, methods, and values of a surprisingly insular community. Focusing on a variety of subjects—from hip-hop artists' pedagogical methods to the Afrodiasporic roots of the sampling process to the social significance of “digging” for rare records—Joseph G.

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Schloss examines the way hip-hop artists have managed to create a form of expression that reflects their creative aspirations, moral beliefs, political values, and cultural realities. This second edition of the book includes a new foreword by Jeff Chang and a new afterword by the author.

Efficient Music Production offers essential tips for streamlining your practice. Drawing together insights from his years of industry experience and scientific studies on productivity, author and producer Ashley Hewitt's user-friendly strategies help you make the

# Online Library Music Habits The Mental Game Of

most of your potential.

## Production Finish Songs

I wrote Music Theory for Producers because, as a producer, I didn't feel that there were any books on music theory that were designed specifically for my needs. Producers are an interesting group; they aren't just musicians, and they aren't just engineers. They have to have a little bit of everything to get the job done. This guide is a no-frills look at music theory that skips the less important details and goes straight to the essential information. You'll learn about rhythm, harmony, and melody, including building



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chord progressions and  
writing instrumental hooks.  
The best part about this  
book is the song analyses.  
For every section, there are  
several songs that are  
broken down in terms of the  
chapter topic. With this  
guide, you'll learn the  
theory behind: Elevators -  
OutKast The Otherside - The  
Roots Apache Rose Peacock -  
RHCP Blow My High - Kendrick  
Lamar Xxplosive - Dr. Dre  
Call Tyrone - Erykah Badu  
Get Lucky - Daft Punk Let Me  
Watch - MF DOOM Ms. Jackson  
- OutKast Poundcake - Drake  
Hol' Up - Kendrick Lamar  
Pursuit of Happiness - Kid  
Cudi/Ratatat Seventeen Years  
- Ratatat Big Poppa -

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Notorious B.I.G. Stan -  
Eminem Kids - MGMT Breaking  
Away - Rataatat Girl -  
Destiny's Child

## And Find Your Creative

Discover 25 hand-picked  
mixing tricks that you can  
use to gain a cutting edge  
in your electronic music  
productions and mixes Take  
your mixes to a whole new  
level Take advantage of road-  
tested mixing techniques  
used by electronic music  
professionals and inject  
them into your music. Get an  
exclusive peek into 25  
definite mixing tricks that  
will make your music sound  
better. Learn about five  
different categories of  
mixing: Mix Essentials, Mix

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Clarity, Drum Sweetening,  
Special Stereo Width and  
Advanced Mixing Techniques,  
each category containing 5  
different tips! Why use  
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mixing reference? Easy-to-  
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categories Get a  
professional sound in your  
mixes Learn, have fun and  
take what you learn to the  
next level! Here's a preview  
of what you'll learn...  
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a solid mixer fader balance  
Musical Side Chain  
Compression EQ for Clarity  
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today: Get rid of your  
insecurities in mixing  
electronic music and learn  
how the pros are doing it!

Master your game from the inside out! With more than 800,000 copies sold since it was first published thirty years ago, this phenomenally successful guide has become a touchstone for hundreds of thousands of people. Not just for tennis players, or even just for athletes in general, this handbook works

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for anybody who wants to improve his or her performance in any activity, from playing music to getting ahead at work. W. Timothy Gallwey, a leading innovator in sports psychology, reveals how to • focus your mind to overcome nervousness, self-doubt, and distractions • find the state of “relaxed concentration” that allows you to play at your best • build skills by smart practice, then put it all together in match play Whether you're a beginner or a pro, Gallwey's engaging voice, clear examples, and illuminating anecdotes will give you the tools you need

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to succeed. “Introduced to The Inner Game of Tennis as a graduate student years ago, I recognized the obvious benefits of [W. Timothy] Gallwey's teachings. . . . Whether we are preparing for an inter-squad scrimmage or the National Championship Game, these principles lie at the foundation of our program.”—from the Foreword by Pete Carroll

So you want to learn the ins and outs of creating dance music and looking to improve your production? Then this book is just for you. No matter what genre you are interested in- trance,

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techno, garage, chill out, house or what tool you are working with- Abelton, Reason, Reaktor or Absynth, Snowman covers every aspect of dance music production- from sound design, compression and effects to mixing and mastering to help you improve your music. No matter what you level of experience the Dance Music Manual is packed with sound advice, techniques and practical tips to help you achieve professional results. The CD provides demo tracks showing what can be achieved when applying the advice contained in the book, including examples of the quality difference

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before and after mixing and  
mastering. The CD also  
contains free software demos  
for you to download. For  
even more advice and  
resources, check out the  
book's official website  
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